

Rick Rigsby Bio

As President and CEO of Rick Rigsby Communications, the internationally acclaimed speaker presents to the top companies worldwide. Dr. Rick is also a favorite among professional and collegiate sports organizations. Rigsby—a former award-winning professor—spent over two decades teaching at various colleges, most of those years serving at Texas A&M University. In addition to academic duties, Dr. Rigsby was hired by legendary football icon R. C. Slocum as Chaplain and Life Skills Coach for the Aggies football team.

A former award-winning journalist, Dr. Rigsby is a regular contributor on numerous national television and radio programs.

Inspired by a genuine conviction to help people realize their full potential, Rick Rigsby brings a combined four decades of experience and expertise to the set of *How Ya' Livin'?* This transformative podcast encourages, inspires and challenges people at every level to dream bigger, stretch beyond comfort zones and achieve the impossible!

A *Wall Street Journal*, *USA Today* and Amazon Best-Selling author, Dr. Rigsby's books include, *Lessons From a Third Grade Dropout* and *Afraid to Hope*.